Harriers Thriving in the Spring-time

At the Moyleman Marathon on Sunday the 17th March, the Haywards Heath Harriers had a large contingent taking part in this trail marathon.

It was the tenth running of this trail event over the South Downs, named after a Lewes Athletics club member, Chris Moyle, a keen runner.

The weather was fairly kind to the runners after the recent relentless heavy rains.



Harriers at the Moyleman Marathon.

Jamie Gibson was the first from the club home in seventh place in three hours and forty-one minutes and thirty-seven seconds.

James Moffat, 8th place overall said, "That was tough, basically a marathon-length, hilly, very muddy XC race. Legs were shot at halfway point but managed to grind out the second half. The freshly ploughed field was a treat too."

Harrier results were: 7th Jamie Gibson 3:41.37; 8th James Moffat 3:42.28, 20th Greg Hilton 3:54.11, 22nd Matt King 3:58.25; 57th Pete Francis 4:30.47, 78th Siobhan Amer 4:47.14; 79th Julie Kamel 4:47.14; 127th Simon Fitzpatrick 5:15.29; 150th Clare Kenward 5:28.33; 161st Shelagh Robinson 5:44.29.



Pete Francis and Greg Hilton.



Greg Hilton at the Moyleman.

The Balcombe Bull Run

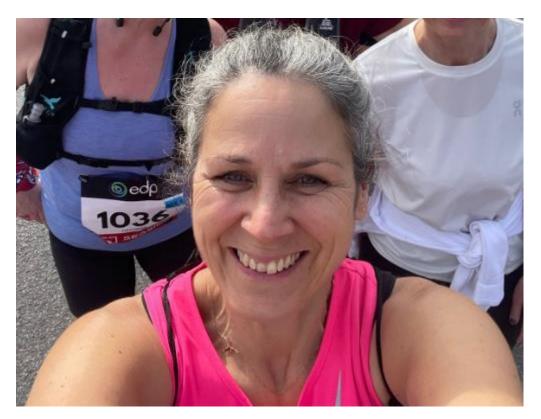


Balcombe Bull Run (L-R) Richard Caddy, Phil Scott, James Smyth and Andrew Wilson

Four Harriers took part in the Balcombe Bull Run on March 17. James Smyth, Richard Caddy, Phil Scott and Andrew Wilson took on the 7km multi-terrain run in muddy and wet conditions.

Lisbon Half Marathon

Three Harriers competed at the Lisbon Half Marathon on Sunday 17th March, on a hot day. **Steven Heath** finished in 1 hour 41 minutes, **Greg Broad** hour 47 minutes and **Emma Pryor** 2 hours and 20 minutes.



Emma Pryor at the Lisbon Half.

Canterbury 10K



Tim Hicks at the Canterbury Riverside 10km.

Tim Hicks finished as first Vet 60 at the Canterbury Riverside ten kilometres race on 17 March. He finished in a time of 44 minutes and 15 seconds.

Paris Half Marathon



Marion Hemsworth at the Paris Half Marathon.

Marion Hemsworth took part in the Paris Half Marathon on 3rd March. She finished in 2 hours 7 minutes and 49 seconds and was fourth in her age group (V70), her position was 34,095th out of 47,902 finishers.

Other Haywards Heath Harrier who took part were: **Rebecca Pugh** 18,989th 1:51.25 and **Glen Hedges** 20,008th 1:52.29.

Other Harriers Results

James Bennet ran in the Kew Gardens Half Marathon on Sunday 31 March, finishing in a time of 1 hour and 27 minutes. James also ran in the Rome Half Marathon on March 3rd in 1 hour and 29 minutes, the route going from Rome to Ostia on the coast.

Will Axell ran in the Mel's Milers Twentieth Multi-Terrain 10K race on Sunday March 24th at Horsham in 41 minutes exactly. Other Harrier finishers were **Mark Green** (41:49), **Steve Mitchell** (47:22), **Mark Davies** (48:46), **Jack Chivers** (56:13) and **Rupert Purchase** (78:10).





Kim Lo - RunRebel

Kim Lo came third lady runner in the RunRebel QEpark trail half marathon on 17 March.

Kim said it was 'Utter filth, mud, rain, mist, hills oh did I say mud!" The run was around the Queen Elizabeth Country Park in Hampshire'.